# No C19 Symptoms

**Telephone / Video Consult** Most cases managed online, by phone or by video.

F2F needed?

## Principles

Restrict building access eg. by entryphone

Patient comes to surgery alone, wearing mask. Social distancing whilst waiting. Clinician to wear Adequate PPE for every single F2F appointment.

Patient washes hands, brief consultation

Wipe down all surfaces afterwards

Clean down the waiting room and patient toilets regularly

Ensure the risk/benefit has been considered including a risk assessment of the person carrying out the assessment or procedure using a recognised health risk

### Tips to deliver good primary care

If your practice has specific reasons why care (eg. blood tests, smears) cannot be delivered due to specific C-19 related risks/capacity issues then consider making good use of the PCAS service or talk to your PCN CD to explore alternatives.

RCGP/BMA Guidance on workload prioritisation

#### Preventative/LTC Care

See LINK for CCG Guidance

#### Caring for vulnerable groups (LCS Bundle):

SMI healthchecks: See LINK for guidance on CCG expectations.

LD healthchecks: See LINK for guidance on CCG expectations.

#### **Encouraging optimum self-care**

Signposting patients to self-care resources for optimising health and managing long term conditions.

## **COVID 19 Testing**

Symptomatic patients: www.gov.uk/get-coronavirus-test or 119

Patients who may have COVID but are unable to self-book a test: Book an appointment for them at the Ashton Primary care centre by email tgccg.covid-19testing@nhs.net or use practice-provided PCR test

Symptomatic staff: Either the same route as symptomatic patients (above) or practice-provided PCR test

Asymptomatic patient-facing practice staff: Practice-provided lateral flow test (LFT) twice a week and report to https://www.gov.uk/report-covid19-result and weekly practice-provided PCR for HCPs who visit care-homes

Asymptomatic keyworkers: Lateral flow tests available as a drop-in at Dukinfield Town Hall 7am-7pm or Stalybridge Civic centre 9am-5pm.

# **C19 Symptoms** — Cough or fever

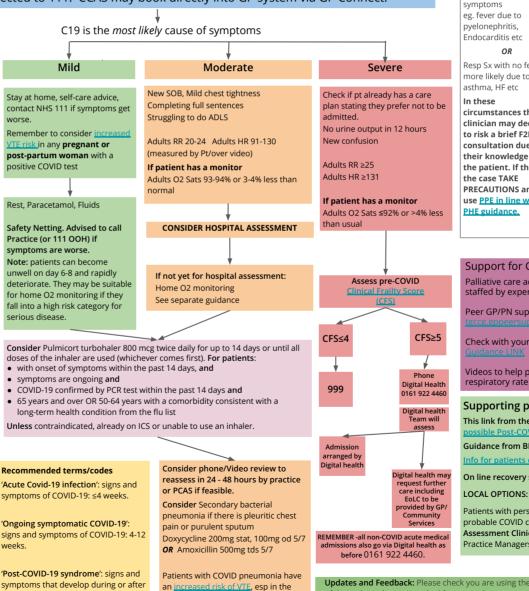
(Pts may have myalgia, fatigue, anosmia, sore throat, diarrhoea, congestion or delirium/unexplained deterioration/falls in older people)

# **Triage Assessment: Phone/Video**

COVID-19, lasting >12 weeks and not

explained by another diagnosis.

This will be done in the first instance by 111/CCAS. However if patients phone their GP surgery then they should be dealt with by the practice and not redirected to 111. CCAS may book directly into GP system via GP Connect.



post-partum period. Consider

admission if concerned.

# **Tameside & Glossop CCG/LMC** GP Guidance Vs 25 16/04/2021

Principles

Alternative diagnosis to C19 more likely (but C19 possible). Usually no resp symptoms eg. fever due to pyelonephritis, Endocarditis etc <i>OR</i> Resp Sx with no fever more likely due to asthma, HF etc In these circumstances the clinician may decide to risk a brief F2F consultation due to their knowledge of the patient. If this is the case TAKE PRECAUTIONS and use PPE in line with PHE guidance.	<ul> <li>Consider double triage with colleague.</li> <li>Person triaging sees the patient.</li> <li>Restrict building access eg. by entryphone, or allowing 2 people at a time with adequate social distancing.</li> <li>Consider assessing patients outside.</li> <li>Clinician wears at least gloves, mask, apron and eye protection. <u>PPE Guidance.</u></li> <li>Patient comes in to surgery alone if possible and not to touch anything.</li> <li>Use the shortest possible path to consulting room and dedicate one room (Red room) in the practice for face to face assessment.</li> <li>Patient washes hands, and to wear a surgical mask.</li> <li>Patient brought in for brief exam.</li> <li>Clean the room surfaces, and equipment with alcohol wipes. Open window(s) to air the room. Remove PPE, wash hands.</li> <li>Phone patient afterwards to discuss plan and safetynet.</li> </ul>
Support for GPs, APs and GPNs Palliative care advice: 24 hour advice line at Willow Wood Hospice, staffed by experienced nurses. 0161 330 5080 Peer GP/PN support phone call from tecce.coppeerSupport@nhs.net Mon-Fri 9-6pm Check with your PCN resilience lead re. remote O2 sath Full NHSE Guidance LINK Videos to help patients to measure their pulse rate and respiratory rate remotely: Pulse Rate Respiratory Rate	
Supporting patients with post-C19 Symptoms This link from the BMJ guides GPs/APs in how to assess patients with possible Post-COVID symptoms. Guidance from BLS/Asthma UK on post-COVID Symptoms <u>HERE</u> . Info for patients on symptom management from TGICFT/CCG On line recovery support <u>https://www.yourcovidrecovery.nhs.uk/</u> LOCAL OPTIONS: Patients with persistent Sx beyond 12 weeks following COVID or probable COVID can be referred to TGICFT Post-COVID Syndrome Assessment Clinic. Referral proforma templates have been sent to Practice Managers to be uploaded into your medical record system.	

Updates and Feedback: Please check you are using the most up to date version of this guidance. If any part of the pathway has not worked for you in the way you expect we need to know so that we can sort out problems. If you have any problem or feedback please email tgccg.primarycarereporting@nhs.net